Debate the Weight!
Deconstructing The Weight of the Nation

ASDAH responds to the upcoming documentary from HBO —

An Episode by Episode Breakdown to help you understand the research behind what the WOTN documentary doesn’t tell you …

This response was prepared before the documentary aired. However, we noticed that HBO’s trailer contains a number of misleading and fear-mongering statements. We’ve prepared a response that address this “fear factor,” statement by statement.

We encourage you to check out these videos as well:
- The Body Positive DVD Trailer
- A short interview with Linda Bacon, PhD
- Linda Bacon’s video for individuals
- Jeanette dePatie (“The Fat Chick”) on fitness
- Kelly Bliss on a new attitude toward health
- Joy Nash’s “Fat Rant”

For more information or interviews:
ASDAH Media Contact Info & ASDAH’s press releases

Click here to see the episode-by-episode breakdown

Click here to watch ASDAH’s Debate The Weight video

Click here to read the response to HBO’s trailer.

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Click here to watch ASDAH’s Debate The Weight video

And featured in the Health At Every Size® Blog:

“Stereotype Management Skills for HBO Viewers” by Deb Burgard

Top 10 Reasons to Be Concerned About HBO’s Weight of the Nation

Click here for the Health At Every Size® Blog
Stereotype Management Skills for HBO Viewers
Top 10 Reasons to Be Concerned About HBO’s WOTN

For more information on the Health At Every Size® model for health and wellness or to find someone near you that is familiar with the HAES® principles, visit:
- The Association for Size Diversity and Health
- The HAESCommunity

For information on your rights as a person of size, visit:
- The National Association to Advance Fat Acceptance
- The Council on Size and Weight Discrimination

Click here to read the response to HBO’s trailer.